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### Functional Remedies, 2019

Having a headache can alter the course of your day. Navigating life with a migraine becomes impossible. These acute headaches are complex and often come with difficulty sleeping, nausea, light-sensitivity and depression. They're notoriously difficult to treat, reducing the quality of life of the nearly 40 million people who suffer from migraine conditions. Many medications are ineffective or bring with them an onslaught of undesirable side-effects, sometimes with long-term issues.

Throughout history, the cannabis plant has been used in response to painful conditions and other ailments, like nausea or lack of appetite. Modern technologies such as Functional Remedies' lipid-infusion process can now isolate the most beneficial compounds for us to use, bringing an element of hope and ease to those with difficult conditions like migraine. With successful experimentation, a new focus is beginning to center on the promising interaction of cannabinoids with the body's natural endocannabinoid system (ECS). The ECS is responsible for keeping our body balanced and maintaining healthy mood, sleep habit, appetite, and pain responses. We now have a unique opportunity to access this resource through holistic practices outside of large pharmaceutical companies.

Because Functional Remedies knows when to harvest the most potent levels of phyto-cannabinoids and uses the entire plant in a gentle lipid-infusion process, the delicate compounds of our curated crops are intact and work together in what is called the "entourage effect" to maximize efficiency. Try our high-concentration capsules or oil tinctures to see how your headache responds and give your upset tummy a rest. Topical salves are great tools for not only bypassing a nauseous stomach by absorbing through the skin, but for addressing tension and restricted blood flow in key areas affecting your migraine such as the neck.

Every migraine is different, and each body manages symptoms in unique ways. Experimenting with nature's most relevant resources may be the miracle you're looking for.